

1. The day, date and venue of the meeting have been changed.
2. There will be no meeting on Thursday the 22nd Jan. 2026.

PROGRAM:-

This will again be our celebrations meeting. On the eve of REPUBLIC DAY all members will assemble at Satluj Sr. Sec. School to celebrate our 76th REPUBLIC DAY. Pp Rtn. Pritpal Singh Dhillon will be the chairman of this function. On reaching the venue, a warm welcome will be accorded to all the members. Worthy President Rtn. Dr. R.S. Ghuman alongwith Chairman, the members will unfurl the national Flag at 10.30am sharp. The national Anthem will be played. Thereafter a cultural program will be presented by the students of Satluj Sr. Sec. School. Light Breakfast will be served after the function. All Members are requested to attend this national festival positively in time.

LAST MEETING:-

This was our celebrations meeting on the eve of our national festival LOHRI. All members assembled with families and enjoyed the festival with fun and frolics. First of all, all present there lit the sacred LOHRI fire and paid their obeisances with LOHRI songs and greetings to each other. To entertain the august gathering, Culture program was presented by Rotary kids, Ann and Annets. Host for the evening Dinner were the team of very dedicated and devoted 14



rotarians comprising, Rtn. Dr. H.S. Nagpal, Rtn. Sanjay Garg, Rtn. Umakant Singh, Rtn. Vinod Bansal, Rtn. Neeraj Gupta, Rtn. Bhupesh Ahuja, Rtn. Madan Lal Garg, Rtn. Akshay Kakkar, Rtn. Sunil Baweja, Rtn. Jagat Kohli, Rtn. Aman Singh, Rtn. Sahil Singla, in addition to the club. Our young member Rtn. Amit Gupta was the chairman of LOHRI celebrations. The presence of good number of members with their families enhanced the grace of the celebrations.



PROJECTS TO BE TAKEN DURING THIS WEEK:-

CANCER AWARENESS CAMP:-

Rotary Club and Inner Wheel Club Shahabad Markanda are organizing a Seminar on Cancer Screening and awareness camp in collaboration with Adesh Medical College and Hospital Mohri, Shahabad Markanda on Saturday the 24th Jan. 2026 at Satluj Senior Secondary School Shahabad Markanda. All members are requested to attend the project positively in time.

PROJECTS DONE DURING LAST WEEK:-

1. DONATION OF CEMENT TO A SHELTER HOME:-

100 Bags of Cement were donated to a charitable organization Nee Asre Da Asra on Friday the 09th Jan. 2026 to support its building construction work for the welfare of the needy and destitute. Rotary Club President Rtn. Dr. R. S. Ghuman said that the club remains committed to serving the underprivileged and will continue to support such humanitarian initiatives. This project was sponsored by Satluj Sr. Sec. School, Shahabad. Many Rotarians attended this project.

2. ADVANCE LIFE SUPPORT (ALS) TRAINING SEMINAR:-

To impart advanced life saving skills and practical knowledge for effective management of medical emergencies such as cardiac arrest, respiratory failure, and trauma, thereby improving emergency response and patient survival. A comprehensive Advance Life Support (ALS) training seminar was conducted on Monday the 12th Jan. 2026 at Sidhath Hospital, Shahabad in collaboration with Rotary Club Shahabad, with emphasis on early recognition of emergencies and systematic intervention. The session included hands-on practical demonstrations on CPR, airway management, use of AED, emergency medications, and team-based resuscitation protocols. Dr. Deepak Sharma was the chairman of this project.



3. HIL BEST PLAYER NAVNEET KAUR-HONOURED:-

Shahabad Markanda, renowned for nurturing sporting talent, witnessed a moment of pride as its illustrious daughter Navneet Kaur, best Player of the Hockey India League (HIL) and Vice-Captain of the Indian Women's Hockey Team, was felicitated by our club on Tuesday the 13th Jan. 2026. The felicitation ceremony was held in a dignified



atmosphere, where Club President Rtn. Dr. Raghbir Singh Ghuman honoured Navneet Kaur by presenting a shawl and a memento in recognition of her exceptional achievements. Addressing the gathering, Dr. Ghuman described her success as a historic and proud moment for Shahabad Markanda and the nation at large. He praised her unwavering dedication, disciplined approach, leadership qualities, and outstanding performance on the international stage, stating that she has brought global recognition.

4.CARRIER GUIDANCE-WORKSHOP:-

Rotary Club Shahabad Markanda in collaboration with Arya Kanya Mahavidyalaya Shahabad Markanda organised a Career Guidance workshop on the occasion of National startup day on Friday the 16th January 2026, at Arya Kanya Mahavidyalaya Shahabad Markanda. Students presented



honoured Mrs. Nidhi Baweja.

5.DIABETES CHECK UP CAMP:-

Rotary Club Shahabad Markanda organized an HbA1c Health Checkup Camp on Monday the 19th Jan.2026 at Siddharth Hospital, Shahabad Markanda. A total of approximately 230 patients were examined at this health camp. Project Chairman Dr. Deepak Sharma, stated that timely diabetes screening and proper dietary advice can prevent serious complications. On this occasion, senior dietician Dr. Sameeksha from Yamunanagar conducted necessary tests including HbA1c and gave dietary advice to the people present. Many Rotarians attended this project.

OUR SINCERE THANKS AND GRATITUDE:-

We convey our sincere thanks and gratitude to:-

1. Rtn. Amit Gupta, chairman LOHRI celebrations for making concerted efforts to make this programme a grand success.

Rotary Club Shahabad Markanda in collaboration with Arya Kanya Mahavidyalaya Shahabad Markanda organised a Career Guidance workshop on the occasion of National startup day on Friday the 16th January 2026, at Arya Kanya Mahavidyalaya Shahabad Markanda. Students presented

their business ideas through power point presentation. A Total of 8 teams actively took participation. 4 teams were given 1st, 2nd, 3rd and consolation prizes. Mrs. Nidhi Baweja Baker, Shahabad was the resource person of the workshop. Rotary club Shahabad associated in the workshop. President Rtn Dr

Raghbir Singh Ghuman Rotary members



BIRTHDAY GREETINGS OF THE WEEK:-

We convey our birthday greetings to:-

1. Rtn. Dr. Abhishek Dhindsa Jan.21
2. Rtn. Aman Singh Jan.23

We pray Almighty to bless all these members a very long life and excellent health.

WEDDING ANNIVERSARY GREETINGS OF THE WEEK:-

Management of Satluj Sr Sec School Shahabad for sponsoring our Cement donation project.

Sh. Ashish Kansal, Deputy Manager, Medanta Hospital, Resource person and Dr. Deepak Sharma, chairman, Training Seminar as well as Diabetes check up Camp.

The management, Principal, staff and students of Arya Kanya Mahavidyalaya, Shahabad for associating our club in the project of Career Guidance Seminar.

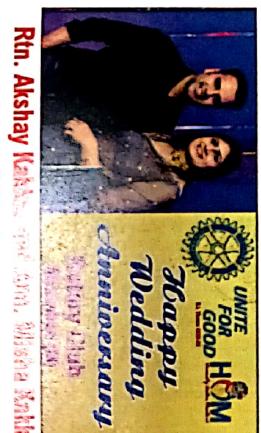
2. The team of very dedicated and devoted 14 rotarians comprising, Rtn. Dr. H.S.Nagpal, Rtn. Sanjay Garg, Rtn. Umakant Singh, Rtn. Vinod Bansal, Rtn. Neeraj Gupta, Rtn. Bhupesh Ahuja, Rtn. Madan Lal Garg, Rtn. Akshay Kakkar, Rtn. Sunil Baweja, Rtn. Jagat Kohli, Rtn. Aman Singh, Rtn. Ankur Singh, Rtn. Jatinder Singh, Rtn. Sahil Singla for hosting the dinner jointly with the club.

3.

Cement donation project.

Sh. Ashish Kansal, Deputy Manager, Medanta Hospital, Resource person and Dr. Deepak Sharma, chairman, Training Seminar as well as Diabetes check up Camp.

The management, Principal, staff and students of Arya Kanya Mahavidyalaya, Shahabad for associating our club in the project of Career Guidance Seminar.



Rtn. Dr. H.S.Naupal and Anne Paramjeet Kaur

28th January

Rtn. Sandeep Rishi and Anne Rakhi Gupta

29th January

We pray Almighty to bless the very cute couples with good health, very long life, and many, many more years of togetherness.

Rtn. Subhash Singla, (Bulletin Editor)